

# Celebrating Success

ONE OUTCOME AT A TIME

*The Gables*  
at Green Pastures  
Embracing life's changes.

It's often said that the best way to relate to someone is to walk a mile in their shoes. Mary Godwin has done just that.

Mary spent seven weeks at The Gables at Green Pastures to recover from an illness. During her stay she began occupational and physical rehabilitation services to regain the strength and mobility that she had before falling ill.

The skilled therapy team at The Gables selected a variety of exercises and activities to improve balance, strength, and the skills needed for daily living tasks. "I left The Gables feeling better than I have in years," remarks Mary. "I can't picture anyone not liking it here." In addition to leaving with many physical improvements, Mary left with some emotional ones too, including lasting friendships established with the therapy staff.

Her positive experience at The Gables motivated her to volunteer with the Friday Occupational Therapy group. As a volunteer, Mary's scope of responsibilities

include sanitizing stations for residents' cooking preparation, assisting with resident transport throughout the facility and aiding residents during group outings as they test their renewed skills as one last step before returning home.

The Gables staff values Mary's time and dedication to helping residents as they attend therapy. Her upbeat manner and friendly demeanor serve as a source of inspiration and motivation for residents. Mary's desire is to continue helping The Gables provide the high quality of daily care she utilized during her stay. The transition from resident and patient to volunteer and mentor has been a smooth one.

While Mary and the therapy patients may not be walking a mile, she can honestly say that she's been in their shoes.

Mary Godwin,  
Gables therapy patient

